



2022 Advent Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27 November Buy or make an Advent wreath. Light the first violet candle for Hope. 	28 Decide how to prepare for Jesus' birth during Advent: deeper prayer, acts of charity, fasting. 	29 Make a playlist of music appropriate for Advent that anticipates Christ's birth. Listen and meditate to it until Christmas. 	30 St. Andrew the Apostle St. Andrew answered Jesus' call and led others to Him. Pray for those discerning the priesthood or religious life. 	1 December Ask God to reveal what's keeping you from fully experiencing His love. Resolve to deal with it by Christmas. 	2 First Friday Devotion Attend Mass or visit Jesus in the Eucharist in church (find the red candle). Give thanks for His blessings. 	3 Set up a nativity. Leave it empty and add the figures slowly through the weeks. 
4 Read <i>Matthew 3:1-12</i> . Tonight, light one violet candle and a second one for Faith. 	5 Pray the Joyful Mysteries of the Rosary. Ask Mary, who received Christ perfectly, to help you welcome Him. 	6 St. Nicholas of Myra Perform a simple act of kindness in honor of this generous saint. 	7 Singing is praying twice. Play some Advent hymns to get into the season and sing along. 	8 The Immaculate Conception of Mary To honor the Blessed Virgin Mary, attend Mass and pray for the Church in the United States. 	9 Contact Catholic Relief Services (877-HELP-CRS or www.catholicrelief.org) to see how you can help. 	10 Attend Confession and experience God's mercy. Find an examination of conscience here, under "Prayers": https://www.usccb.org 
11 Gaudete Sunday Read <i>Matthew 11:2-11</i> . Light two violet candles and the rose one for Joy. 	12 Our Lady of Guadalupe Display flowers at home to honor Mary. Pray for expectant mothers and their babies. 	13 At the half-way point of Advent, renew your resolutions for change. 	14 Set out an empty box. Add gently used clothes, starting today. When it's full, bring it to a clothing drive. 	15 Christmas is a busy time for parishes. Stop by your parish office and offer your services. 	16 Eat a simple, meatless meal and donate the money you saved to the poor box at church. 	17 Pray one of the seven "O Antiphons" daily, found in the hymn, "O Come, O Come Emmanuel." 
18 Read <i>Matthew 1:18-24</i> . Light all the candles and the last one for Peace. 	19 Visit your parish and light a candle for anyone traveling this week. 	20 Write down all your worries and entrust them to God, "Jesus, I trust in You." 	21 Straighten up the house and make any final preparations. The King is coming! 	22 Read <i>Luke 2:1-7</i> and place yourself in the scene. Imagine how you'd react if you were there. 	23 Think of the Advent resolutions you want to keep year-round. 	24 Christmas Eve! Tonight, place Jesus in the manger and rejoice! Offer thanks to God for sending His Son for us. 